

ZC 2026: Session: 5: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 08:15 untill 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Baeyens Filip

Coaches: Van Nieuwenhuyse Ralf

Coaches: Van Biervliet Kristof

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M FREESTYLE WOMEN 13-14				Heat:1, starttime: 09:30
Heat: 1/12 Lane : 6 Athlete: DEFEVER AUWKE				Q-time: 01:25:03
PB (50m pool): 01:28.37 Antwerpen 14/07/2024		PB (25m pool): 01:25.03 SB: 01:28.49 Brugge 01/02/2026		
PB	5 0 M	1 0 0 M		
	no time	01:28.37		
	no time			
				

Coach feedback:

Event number: 40: 200M BACKSTROKE MEN 13-14					Heat:2, starttime: 09:57
Heat: 2/5 Lane : 7 Athlete: CLAEYS JONA					Q-time: 03:19:13
PB (50m pool): no time		PB (25m pool): 03:19.13 SB: no time			
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 41: 50M BREASTSTROKE WOMEN 15+				Heat:3, starttime: 10:16
Heat: 3/8 Lane : 8 Athlete: TUYTENS AGLAYA				Q-time: 00:43:75
PB (50m pool): 00:43.75 Brugge 25/01/2026		PB (25m pool): 00:46.37 SB: 00:43.75 Brugge 25/01/2026		
PB	5 0 M			
	00:43.75			
	00:43.75			
				

Coach feedback:

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Event number: 41: 50M BREASTSTROKE WOMEN 15+		Heat:6, starttime: 10:19
Heat: 6/8 Lane : 8 Athlete: VERHAEGHE MARTHE		Q-time: 00:40:38
PB (50m pool): 00:40.94 Antwerp 02/02/2025 PB (25m pool): 00:40.38 SB: no time		
	5 0 M	
PB	00:40.94	
	00:40.94	
		

Coach feedback:

Event number: 42: 50M BACKSTROKE MEN 15+		Heat:4, starttime: 10:28
Heat: 4/7 Lane : 2 Athlete: SABBE LOUIS		Q-time: 00:34:04
PB (50m pool): 00:34.04 Brugge 25/01/2026 PB (25m pool): 00:34.69 SB: 00:34.04 Brugge 25/01/2026		
	5 0 M	
PB	00:34.04	
	00:34.04	
		

Coach feedback:

Event number: 42: 50M BACKSTROKE MEN 15+		Heat:6, starttime: 10:31
Heat: 6/7 Lane : 4 Athlete: LANDUYT MAURICE		Q-time: 00:32:07
PB (50m pool): 00:32.76 Antwerpen 13/07/2025 PB (25m pool): 00:32.07 SB: 00:32.87 Antwerpen 19/04/2026		
	5 0 M	
PB	00:32.76	
	00:32.76	
		

Coach feedback:

Event number: 42: 50M BACKSTROKE MEN 15+		Heat:6, starttime: 10:31
Heat: 6/7 Lane : 6 Athlete: VAN BIERVLIET CAMIEL		Q-time: 00:32:41
PB (50m pool): 00:32.41 Antwerpen 15/03/2026 PB (25m pool): no time SB: 00:32.41 Antwerpen 15/03/2026		
	5 0 M	
PB	00:32.41	
	00:32.41	
		

Coach feedback:

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Event number: 44: 50M BUTTERFLY MEN 15+							Heat:9, starttime: 11:03		
Heat: 9/11 Lane : 7 Athlete: SABBE LOUIS							Q-time: 00:30:12		
PB (50m pool): 00:30.12 Brugge 25/01/2026							PB (25m pool): 00:34.94 SB: 00:30.12 Brugge 25/01/2026		
	5 0 M								
PB	00:30.12								
	00:30.12								
									

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 15+										Heat:10, starttime: 11:04																													
Heat: 10/11																				Lane : 2					Athlete: LAMBERT LIAM										Q-time: 00:29:51				
PB (50m pool): 00:29.51										Antwerpen 15/03/2026										PB (25m pool): 00:29.61										SB: 00:29.51					Antwerpen 15/03/2026				
	5 0 M																																						
PB	00:29.51																																						
	00:29.51																																						
																																							

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 15+										Heat:10, starttime: 11:04																													
Heat: 10/11																				Lane : 4					Athlete: BRUYNEEL FERRE										Q-time: 00:29:31				
PB (50m pool): 00:29.31										Brugge 25/01/2026										PB (25m pool): 00:32.76										SB: 00:29.31					Brugge 25/01/2026				
	5 0 M																																						
PB	00:29.31																																						
	00:29.31																																						
																																							

Coach feedback:

Event number: 44: 50M BUTTERFLY MEN 15+										Heat:10, starttime: 11:04																													
Heat: 10/11																				Lane : 6					Athlete: BAEYENS SIEMEN										Q-time: 00:29:44				
PB (50m pool): 00:29.44										Brugge 14/02/2026					PB (25m pool): 00:29.83										SB: 00:29.44 Brugge 14/02/2026														
		5 0 M																																					
PB		00:29.44																																					
		00:29.44																																					
																																							

Coach feedback:

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Event number: 46: 100M BREASTSTROKE MEN 13-14				Heat:4, starttime: 11:22	
Heat: 4/6 Lane : 2 Athlete: LANDUYT MARCEL				Q-time: 01:33:56	
PB (50m pool): 01:41.95 Antwerpen 13/07/2025				PB (25m pool): 01:33.56 SB: no time	
	5 0 M	1 0 0 M			
PB	00:48.78	01:41.95			
	00:48.78	00:53.17			
					

Coach feedback:

Event number: 46: 100M BREASTSTROKE MEN 13-14				Heat:5, starttime: 11:25	
Heat: 5/6 Lane : 5 Athlete: DEMASURE YORDI				Q-time: 01:27:46	
PB (50m pool): 01:27.46 Antwerpen 15/03/2026				PB (25m pool): 01:29.74 SB: 01:27.46 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:41.16	01:27.46			
	00:41.16	00:46.30			
					

Coach feedback:

Event number: 47: 200M BREASTSTROKE WOMEN 15+				Heat:3, starttime: 11:37	
Heat: 3/5 Lane : 2 Athlete: VERHAEGHE MARTHE				Q-time: 03:11:07	
PB (50m pool): 03:13.92 Antwerpen 14/07/2024				PB (25m pool): 03:11.07 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:13.92	
	no time				
					

Coach feedback: